CAPE TOWN FISH MARKET

SET MENUS

SET MENU 1

2 COURSE **R125**
3 COURSE **R165**

STARTERS

Calamari
Deep-fried calamari strips in a savoury salt-and-pepper crust, served with tartar sauce

Snoek Samoosas
4 mini snoek samoosas, served with mango chutney

Fish Cakes
A combination of salmon, kingklip, hake and potato, deep-fried and served with tartar sauce

MAINS

West Coast Potjie
Fish, mussels, calamari and vegetables in a creamy garlic sauce, served in a traditional pot with a seperate portion of savoury rice

CTFM Burger
Beef, Chicken or Fish burger, served with chips & onion rings

Chicken Curry
Chicken and fresh vegetables in a traditional Cape Malay curry sauce, served with savoury rice

Calamari
Deep-fried calamari strips in a savoury salt-and-pepper crust, served with chips and tartar sauce

Fish & Chips (200g)
The South African classic in CTFM style. Grilled or deep-fried, served with chips and tartar sauce

DESSERTS

Panna Cotta
A traditional Italian dessert of sweetened cream in a caramel sauce

Lime & Rosewater Cheesecake
Served with a medley of seasonal fruit

2 COURSE **R165**
3 COURSE **R215**

STARTERS

Robata Baby Squid
Patagonian baby squid tubes and tentacles, grilled in our secret Robata sauce

Tempura Prawns
3 light & crispy prawns deep-fried in our secret batter, served with sweet chilli sauce

Mussels
Steamed West Coast mussels in a creamy garlic sauce

MAINS

Kingklip (180g)
Fresh kingklip expertly grilled in a lemon butter sauce, served with a tomato & onion concasse and potato wedges

Stacked Chicken
On a bed of potato, mushrooms and baby spinach, with a tomato basil sauce, served with mash

Seafood Paella
Fish, prawn meat, mussels, calamari, squid, chicken and rice in a spicy tomato-based sauce

Prawn Curry
Prawns and fresh vegetables in a coconut curry sauce, served with savoury rice

Sirloin Steak (200g)
A sirloin steak, basted in CTFM's special BBQ sauce, served with chips and onion rings

DESSERTS

Sticky Toffee
A moist sponge cake made with finely chopped dates, drizzled with sticky toffee sauce

Mississippi Mud Pie
A rich chocolate brownie base with thick layers of hazelnut and chocolate mousse, topped with ganache

SET MENU 2

BRANCHES ACCROSS SOUTH AFRICA

Clock Tower V&A Waterfront 021 418 5977	**Canal Walk Century City** 021 555 1950	**GrandWest Goodwood** 021 535 3110	**Seaside Village Bloubergstrand** 021 554 5962	**Steenberg Village Tokai** 021 702 0965	**The Sanctuary Somerset West** 021 492 3922
Tyger Valley Bellville 021 914 9151	**Gateway Theatre of Shopping, Umhlanga** 031 566 4432	**Northridge Mall Bloemfontein** 051 433 1894	**Parkview Centre Pretoria** 012 998 0070	**Waterfall Mall Rustenburg** 014 537 3663	

Valid until 19 November 2017 • Food presentation may differ from photographs • Prices subject to change, see T's & C's online
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