

CAPE  
TOWN  
FISH  
MARKET



## SET MENU 1

2 COURSE R156

3 COURSE R215

### STARTERS

#### Calamari

Deep-fried calamari strips in a savoury salt-and-pepper crust, served with tartar sauce

#### Prawn Spring Rolls

3 spring rolls, deep-fried and served with a soy dipping sauce

#### Fish Cakes

A combination of salmon, kingklip, hake and potato, deep-fried and served with tartar sauce

### MAINS

Served with your choice of side, except dishes marked with an (\*)

#### West Coast Potjie \*

Fish, prawn meat, mussels, calamari and vegetables, served in a traditional pot with a separate portion of savoury rice

#### CTFM Burger \*

Beef or Chicken burger, served with chips and onion rings

#### Chicken Curry \*

Chicken and fresh vegetables in a traditional Cape Malay curry sauce, served with savoury rice

#### Calamari

Deep-fried calamari strips in a savoury salt-and-pepper crust, served with tartar sauce

#### Fish & Chips (200g) \*

The South African classic in CTFM style. Grilled or deep-fried, served with chips and tartar sauce

### DESSERTS

#### Sticky Toffee

A moist sponge cake made with finely chopped dates, drizzled with sticky toffee sauce

#### Strawberry Cheesecake

Served with a medley of seasonal fruit

## SET MENU 2

2 COURSE R188

3 COURSE R253

### STARTERS

#### Robata Baby Squid

Baby squid tubes and tentacles, grilled in our secret Robata sauce

#### Tempura Prawns

3 light & crispy prawns deep-fried in our secret batter, and served with sweet chilli sauce

#### Mussels

Steamed West Coast mussels in a creamy garlic sauce

### MAINS

Served with your choice of side, except dishes marked with an (\*)

#### Kingklip (180g)

Fresh kingklip expertly grilled in a lemon butter sauce

#### Chicken Schnitzel

Crumbed in Japanese bread crumbs, deep-fried until golden brown, served with a sauce of your choice

#### East Coast Potjie \*

Fish, prawn meat, mussels, calamari and vegetables, served in a traditional pot with a separate portion of savoury rice

#### Prawn Curry \*

Prawn meat and fresh vegetables in a coconut curry sauce, served with savoury rice

#### Sirloin Steak (250g)

A sirloin steak, basted in CTFM's special BBQ sauce, served with onion rings

### DESSERTS

#### Sticky Toffee

A moist sponge cake made with finely chopped dates, drizzled with sticky toffee sauce

#### Mississippi Mud Pie

A rich chocolate brownie base with thick layers of hazelnut and chocolate mousse, topped with ganache



# SET MENU 3

# 4 COURSE MENU WITH A DRINK R400



## WELCOME DRINK

### APPETISERS

Selection of Sushi

### STARTERS

#### Prawn Spring Rolls

3 spring rolls, deep-fried and served with soy dipping sauce

#### Robata Baby Squid

Baby squid tubes and tentacles, grilled in our secret Robata sauce

#### Lamb Croquettes

Deep-fried balls filled with cheese, served with spicy mayo

### MAINS

Served with your choice of side, except dishes marked with an (\*)

#### Smoked Salmon Trout Salad \*

Smoked salmon trout, edamame beans, butter beans, broccoli, chilli and avocado, sprinkled with sesame seeds and drizzled with teriyaki dressing

#### Robata Baby Squid

Baby squid tubes and tentacles, grilled in our secret Robata sauce

#### Teriyaki Salmon

An expertly seared salmon steak drizzled with Japanese Teriyaki sauce

#### Sole

Expertly grilled with lemon butter

#### T-bone Steak (350g)

A T-bone steak, basted in CTFM's special BBQ sauce, served with onion rings

### DESSERTS


#### Sticky Toffee

A moist sponge cake made with finely chopped dates, drizzled with sticky toffee sauce

#### Mississippi Mud Pie

A rich chocolate brownie base with thick layers of hazelnut and chocolate mousse, topped with ganache

Food presentation may differ from photographs • Prices subject to change, see T's & C's online  
Customer Care Line: 083 400 2005 • Franchise Enquiries: 082 801 2894 • [info@ctfm.co.za](mailto:info@ctfm.co.za)

FREE      @CTFMSA • [www.ctfm.co.za](http://www.ctfm.co.za)